Activity Sheet D

Name:

How Important Is It?



Step 1: What do you do when you get home from school? Make a list below! Don't forget to include homework, time to be with family, and meals.

Step 2: Write down how long each activity takes.

Step 3: Color in how important each of your activities is. Use the color key below!

Color the box RED if the activity is very important.

Color the box BLUE if the activity is kind of important.

Color the box YELLOW if the activity is not that important.

Activity	How long does it take?	How important is it?

Tip: Talk to your parents about why it's important to do the activities you colored in red first.

