

# Play Time with Teddy!

Spice up your child's snacking routine with these educational games and activities. You'll be feeding your child's body and brain with wholesome food and fun learning. Remember, kids should always be seated and supervised when eating.

## How Many Teddys

Fill a small glass jar with Teddy Grahams Trail Mix and ask your child to guess how many bears are in the jar. Count them together as you take them out to serve for snack.

### Skills Acquired:

Pre-math skills    Counting    Estimating

## Going on a Bear Hunt

Create a scavenger hunt for your child and his or her friends that will send them searching for their favorite snacks.

- Prepare small packets of Teddy Grahams Trail Mix, then hide them around the house or yard for kids to find.
- Draw a simple treasure map leading kids to the treats.
- Have kids search for the hidden snacks and give them a chance to enjoy their tasty treats once the hunt is completed.

### Skills Acquired:

Problem Solving    Map Reading

## Teddy Snack Song

Cut a 3- or 4-inch hole for your child in the front of a Teddy Grahams Trail Mix box. Wrap several rubber bands around the box so that they cross the opening. Tight and thin rubber bands make high pitched sound. Loose and wider rubber bands make a lower pitched sound. Decorate the box guitar and then strum along to make some music!

*Teddy Bear, Teddy Bear can you sing?  
Teddy Bear, Teddy Bear strum your strings  
Teddy Bear, Teddy Bear tra-la-la  
Teddy Bear, Teddy Bear for your ma and pa*

### Skills Acquired:

Musical awareness and appreciation  
Improvising music    Rhythms and patterns    Rhyming



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## Snack Trail Maze

Draw several overlapping trails on a piece of paper. Split up a serving (1/2 cup or 30g) of different Teddy Grahams Trail Mix items and place at the end of each trail (pretzel, yogurt-flavored raisins, Teddy Grahams, Cheese Nips, etc.). Have your child trace each path with his or her finger until he or she reaches the treat at the end of the trail. Invite your child to think of other shapes that would make the trails more challenging. Try making letter-shaped trails for added learning. Collect and eat your treats at the end of the game!

### Skills Acquired:

Hand-eye coordination    Problem solving  
Pre-writing skills

## Hit the Nature Trail

Take a walk around the block, in the woods, through the park, or across an open meadow with your child. Try to use your five senses to point out interesting sights, sounds, smells, and textures along the way. Then stop for a rest and enjoy a Teddy Grahams Trail Mix snack together.

### Skills Acquired:

Sensory awareness    Cognitive thinking

For more snactivities, visit  
[www.scholastic.com/teddytrail](http://www.scholastic.com/teddytrail)



## Snack Scenes

After your nature trail walk, help your child create a three-dimensional diorama of the outing. Fill the scene with Teddy enjoying a walk on a nature trail made from trail mix and found items. Then create a story with your child to go with your diorama creation.

### What You Need:

- Empty Teddy Grahams Trail Mix box (or similar sized box)
- Handful of trail mix for the scene
- Construction paper or tempera paint
- Scissors
- Glue
- Pencil, crayons, markers
- Cotton balls (for clouds)
- Clumps of grass, twigs, acorn caps, and rocks collected on your nature trail walk
- Assorted small household objects (e.g. string, small pieces of fabric, toothpicks, etc.)

### What You Do:

- 1 Cut out the front panel of the Teddy Grahams Trail Mix box for your child.
- 2 Paint, color, or glue construction paper to the inside of the box for the background.
- 3 Add whatever you and your child want to the scene. Don't forget to include Teddy!

### Skills Acquired:

Creative thinking    Small motor coordination