



Ready, Set, Pack: Hiking!

All the gear you need for a great vacation.

PERSONAL ITEMS

- ☐ Toothbrush/Toothpaste/
Floss/Mouthwash
- ☐ Brush/Comb
- ☐ Hair Accessories
- ☐ Soap
- ☐ Soap and Shampoo (Go for
a bar form if you're traveling
by plane, to avoid carry-on
regulations)
- ☐ Sunblock
- ☐ Lip Balm
- ☐ Moisturizer
- ☐ Face Wash
- ☐ Glasses/Contacts
- ☐ Sunglasses
- ☐ Travel Nightlight or Flashlight
- ☐ Laundry Bag

CLOTHING/ ACCESSORIES

- ☐ Underwear (Bring a quarter
more pairs than the number of
days you'll be away)
- ☐ Light- and Heavyweight
Pajamas (Temperatures can
vary in hotels)
- ☐ High Socks (To help prevent
against ticks)

- ☐ Shirts (Bring a quarter more
than the number of days you'll
be away)
- ☐ Pants/Shorts (Can usually be
worn again, bring one pair for
every two days)
- ☐ Athletic Pants/Shorts (one for
each hike)
- ☐ Sweatpants (One or two pairs,
for travel)
- ☐ Dressy Outfit (For nicer dinners
or outings)
- ☐ Waterproof Jacket (Can pair
with a sweatshirt for colder
weather)
- ☐ Sweatshirt/Sweater (For
layering)
- ☐ Hat
- ☐ Swimsuits
- ☐ Umbrella
- ☐ Watch

SHOES

- ☐ Sneakers (Two pairs, in case
one gets wet)
- ☐ Sandals

CAR/PLANE ESSENTIALS

- ☐ Pillow
- ☐ Blanket
- ☐ Snacks
- ☐ Luggage Tags (Even if you're
traveling by car, it's good to
mark your bags)
- ☐ Antibacterial Wipes

ENTERTAINMENT

- ☐ Books
- ☐ Paper and Art Supplies
- ☐ CDs/iPods
- ☐ DVDs/Portable DVD Player
- ☐ Cell Phone/Charger
- ☐ Kid-Friendly Camera

HIKING GEAR

- ☐ Bug Spray
- ☐ Whistles (For each family
member to wear in case they
get lost)
- ☐ Backpack (With waist strap for
support)
- ☐ Refillable Water Bottles
- ☐ Binoculars
- ☐ Trail Maps
- ☐ Basic First-Aid Kit