Teacher Lesson Plan

Objectives:
• identify ways that poetry can be a form of self-expression
• explore characteristics of spoken word poetry

Materials: student-friendly spoken word poetry video, chart paper, Express Yourself Student Worksheet, classroom poster (included)

Time: one 45-minute class period

Essential Question: How can poetry help me to express myself?

Lesson Steps:

1 Brainstorm what students already know about poetry.

2 Ask students if they have heard of spoken word poetry. Explain that spoken word poetry is a powerful form that is meant to be performed.

3 Show students a video example of spoken word poetry. (Due to the content and language of many spoken word performances, be sure to preview any video examples to ensure they are appropriate for your students.)

4 Invite students to share their impressions of this art form and what made the performance powerful.

5 As a class, create a “Looks Like” and “Sounds Like” chart for the spoken word poetry performance. (For example, the “Looks Like” column might include gestures, facial expressions, body language, and posture. The “Sounds Like” column might include sharing personal experiences, changing tone of voice, speed, and volume.) Refer to the poem Crisscross on the poster for a poem the class can analyze together. For additional lessons about analyzing and writing poetry, visit scholastic.com/poetryismypower.

6 Pose this question to your class: “How do you express yourself?” Allow students to share their responses with a partner, then invite students to share them with the entire class. As a class, write categories on the board showing how the students expressed themselves, such as through physical activity, creativity, and humor.

7 Explain to students that they will now have a chance to write a poem about how they express themselves. Direct students to write a draft of a poem for homework, review it in class with their peers, and then write and decorate the final draft in the space provided on the accompanying activity sheet. (In order to generate ideas, some students may want to start by making a list of special qualities that they have.)

8 Invite students to perform their poems in front of the class. Allow students to practice ahead of time, referring to the “Looks Like” and “Sounds Like” chart for support.

9 To help your students’ poems reach a larger audience, consider entering their poems into the Express Yourself Poetry Contest.

Also visit scholastic.com/american-girl to check out the Gabriela™ book.
Express Yourself THROUGH POETRY!

Writing **poetry** is a way to share what is really on your mind.
There is no wrong way to write a **poem**!

Write a **poem** that answers this question: How do you **express** yourself?

After you write and edit a draft of your poem, write and decorate your **poem** in the space below.
Poetry is a powerful type of writing that helps us express ourselves freely.

**Crisscross**

My mind spins ’round
Feet fly forward one, two, three
Five, six, seven, here comes eight
I’m flying, flipping, floating free

Do you feel that?
Can you hear that?

Two dozen hands
Two dozen feet

Two dozen shoulders, knees, eyebrows, and toes
Silently shouting what my heart has always known

**Structure**
Do you know why we call this “free verse”?

**Meaning**
What examples of strong figurative language can you find here?

**Sound Patterns**
Can you spot the alliteration?

POEM IS EXCERPTED FROM *Gabriela* by Teresa E. Harris, published by Scholastic.
Lesson Steps:

1. **Define** “poetic device” as a tool that can give shape to a poem, add to its meaning, or intensify its mood.

2. **Display** an example of each poetic device (either the example from the Student Resource Sheet or a teacher-selected example). A student or the teacher will identify the device and explain the definition.

3. **Distribute** the Student Resource Sheet. Ask students to put a check mark next to any of the terms they already know well and an X next to any of the terms that are unfamiliar.

4. **Students can record** their own examples of each poetic device in the last column on the Student Resource Sheet.

5. **Tell** students that they will now have a chance to practice using these devices in their own poetry. Display a work of art—for example, a famous painting such as *Starry Night* by Vincent Van Gogh or a famous photograph such as *Migrant Mother* by Dorothea Lange.

6. **Assign** each student a particular device from the list. Provide students with 1–2 minutes to describe the painting using that device.

7. **Students can share** their writing with the class. For additional practice, students could be asked to identify the device that their classmates used in their writing.

8. **Repeat** steps 5 and 6, assigning different devices for students to use each time.

9. **When students have had an opportunity to use and identify several of the devices, explain** that they will now have a chance to write a full-length poem based on a work of art.

10. **Display** a new painting or photograph for students to examine. Provide 10–15 minutes for them to write their poems and encourage them to use as many of the new poetic devices as possible.

11. **Finished poems can be displayed in the classroom, or students can swap poems and search for the poetic devices used.**

Objectives:
- identify common devices used in poetry
- write poems using common poetic devices

Materials: Poetic Devices Student Resource Sheet, poetic device examples to display, teacher-selected artwork

Time: one to two 40-minute class period(s)

Express Yourself Poetry Contest
Your students could win a $400 Scholastic Gift Card OR an American Girl® 2017 Girl of the Year™ Gabriela™ Collection—plus, you receive a $100 Amex Gift Card!
Visit scholastic.com/poetryismypower

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<table>
<thead>
<tr>
<th><strong>TERM</strong></th>
<th><strong>DEFINITION</strong></th>
<th><strong>EXAMPLES</strong></th>
<th><strong>MY EXAMPLE</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Rhyme</td>
<td>words that end with the same sound</td>
<td>“I never saw a Purple Cow, I never hope to see one, But I can tell you, anyhow, I’d rather see than be one!”</td>
<td></td>
</tr>
<tr>
<td>Onomatopoeia</td>
<td>a word whose sound matches its meaning</td>
<td>Splat! Buzz!</td>
<td></td>
</tr>
<tr>
<td>Alliteration</td>
<td>the same sound used at the beginning of words</td>
<td>Peter Piper picked a peck of pickled peppers.</td>
<td></td>
</tr>
<tr>
<td>Rhythm</td>
<td>the beat of a poem</td>
<td>“Once upon a midnight dreary, while I pondered, weak and weary...”</td>
<td></td>
</tr>
<tr>
<td>Repetition</td>
<td>the same words or lines used in a poem again and again</td>
<td>“First I saw the white bear, then I saw the black; Then I saw the camel with a hump upon his back”</td>
<td></td>
</tr>
<tr>
<td>Simile</td>
<td>comparing two unlike things using <em>like</em> or <em>as</em></td>
<td>“An emerald is as green as grass; A ruby red as blood”</td>
<td></td>
</tr>
<tr>
<td>Metaphor</td>
<td>comparing two unlike things without using <em>like</em> or <em>as</em></td>
<td>“Fame is a bee. It has a song— It has a sting— Ah, too, it has a wing.”</td>
<td></td>
</tr>
<tr>
<td>Personification</td>
<td>giving human qualities (like feelings) to something that isn’t human</td>
<td>“The mountain and the squirrel had a quarrel”</td>
<td></td>
</tr>
<tr>
<td>Hyperbole</td>
<td>creating an exaggerated version of reality</td>
<td>“Till a’ the seas gang dry, my dear, And the rocks melt wi’ the sun; I will love thee still, my dear, While the sands o’ life shall run.”</td>
<td></td>
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</tbody>
</table>

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The table above lists various poetic devices with their definitions and examples. Each entry includes a term, a definition, and some example phrases from famous poets. This resource is ideal for students learning about literary devices and their uses in poetry.
Lesson Steps:

1. **Explain** to students that poetry is a way that writers express themselves. We often understand poetry better if we read or hear it several times and analyze it, or look closely at the meaning.

2. **Display** the selected poem, either written on chart paper or projected on a screen.

3. **Read** the poem out loud once to model fluent reading, then have students read the poem out loud to a partner.

4. **Explain** that understanding what happens in the poem is the first step in analyzing poetry. As a class, paraphrase the poem, either by assigning each stanza to a small group of students or by completing a think-aloud as a whole class.

5. If necessary, stop to **define** any terms in the poem that are unfamiliar to students.

6. **Point out** that understanding the feeling of the poem is an important step in analyzing it. Reread the poem, focusing on the question “What type of feeling or mood does this poem have?” Use think-pair-share to collect students’ ideas. Invite students to circle the words or punctuation marks that helped create the mood of the poem.

7. **Reread** the poem, focusing on the question “What message is this poem sending?” Use think-pair-share to collect students’ ideas, and mark the words and phrases that support the theme.

8. **Have** students complete the What Does This Poem Mean? Student Worksheet to apply these skills to a new poem.
WHAT DOES THIS Poem MEAN?

Emily Dickinson (1830–1886) was an American writer who used poetry to express herself. Read her poem “Autumn” and answer the questions about the meaning of the poem.

“Autumn” by Emily Dickinson

The morns are meeker than they were,
    The nuts are getting brown;
The berry’s cheek is plumper,
    The rose is out of town.
The maple wears a gayer scarf,
    The field a scarlet gown.
Lest I should be old-fashioned,
    I’ll put a trinket on.

1. Read the poem one time. What happens in this poem?

2. Read the poem again. Circle three descriptive words. What moods or feelings do these words give the poem?

3. Read the poem one more time. Put a star next to two details that gave you a clue about the person speaking. What do these clues tell you about the speaker and what she is speaking about?

4. What do you think is the message or theme of the poem? Why?