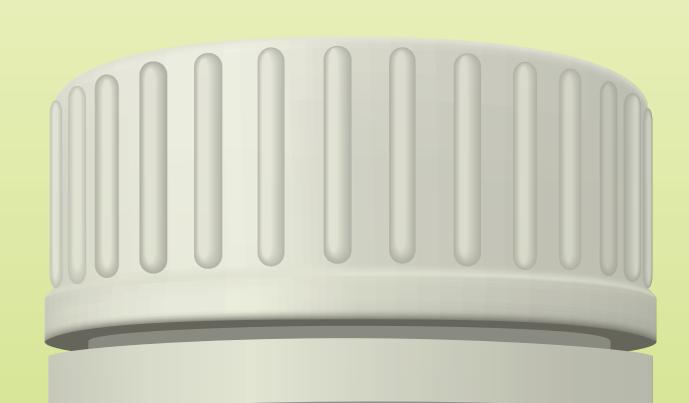


# OVER-THE-COUNTER MEDICINE SAFETY

# **UNDERSTANDING** THE LABEL

Drug Facts help you understand the medicines that you take and how to take them safely. All medicines should be taken with the direct supervision of a parent or trusted adult.



#### **USES**

Describes the symptoms that the medicine treats.





#### **ACTIVE INGREDIENTS**

The ingredients in the medicine that make it work.

**WARNINGS** 

Safety information, including

side effects, the questions

you should ask a doctor

medicines to avoid using

**OTHER INFORMATION** 

How to store the

medicine.

before taking the

at the same time.

medicine, and which

#### **Drug Facts**

Active ingredients **Purpose** ..... cough suppressant Medicine 150 mg ...... nasal decongestant

#### **Uses** Temporarily relieves:

■ coughing due to minor throat and bronchial irritation ■ nasal congestion

Warnings **Do not use** if you have ever had an allergic reaction to this product or any of its ingredients.

Ask a doctor before use if you have liver or kidney disease. Your doctor should determine if you need a different dose.

#### When using this product

■ you may get drowsy

■ be careful when driving a motor vehicle or operating machinery ■ excitability may occur, especially in children

Stop use and seek medical help right away if allergic reaction

Keep out of reach of children. In case of overdose, get medical help or contact your local poison center at 1-800-222-1222.

#### **Directions**

■ Tablet melts in mouth. Can be taken with or without water.

Dose
2 tablets every 12 hours; do not use more than 4 tablets in a 24-hour period
1 tablet every 12 hours; do not use more than 2 tablets in a 24-hour period
ask a doctor

#### Other information

■ store at 20°-25°C (68°-77°F)

■ keep dry

#### Inactive ingredients

anhydrous citric acid, aspartame, magnesium stearate, maltodex-trin, modificated acid, aspartame, magnesium stearate, maltodextrin, modified food starch, sodium bicarbonate, D&C yellow no.10

### Questions or comments?

Call weekdays from 9 a.m. to 5 p.m. EST at 1-800-XXX-XXXX.

#### **DIRECTIONS**

Indicates the amount or dose of medicine to take, how often to take it, and how much you can take in one day.



#### **INACTIVE INGREDIENTS**

Ingredients not intended to treat your symptoms (e.g., preservatives, flavorings)



#### **QUESTIONS OR COMMENTS?**

Call the company if you have questions about a specific medicine.



This is not an actual Drug Facts label.

# **MEASURE IT CORRECTLY**

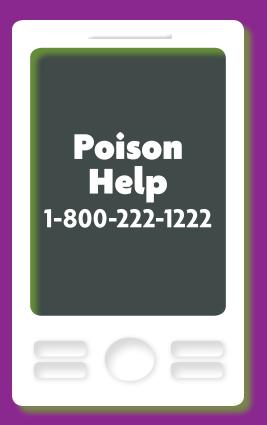
To get an exact measurement, it is important to only use the dosing device that is provided with the medicine. The Drug Facts label tells you how much medicine you should take based on your weight and/or age.



Household spoons come in various shapes and sizes, which **FACT:** means they hold different amounts of liquid.

## **ASK FOR HELP**

Always talk with a parent or trusted adult to learn more about the responsible use of all medicines. Other resources include doctors, nurses, and pharmacists as well as your local poison center.



In 2013, America's poison centers managed over:

250,000

exposure cases involving children ages 6 to 19. Over 50 percent of these cases involved medication errors and misuse.

**DID YOU KNOW** that poison centers are staffed with experts, including doctors, nurses, pharmacists, and toxicologists, who can help answer general questions about medicines or can provide help over the phone if you come in contact with a poison?

Save the Poison Help number, 1-800-222-1222, in your phone.



