

Lesson | Happy to Help

Celebrate helpfulness by inspiring students to look for ways to lend a hand in class.

Objective

Students will reflect on a time that they were helpful and act out scenarios that highlight helpful choices.

Standards

CCSS ELA

SL.K.1 Participate in collaborative conversations

W.K.3 Use drawing, dictating, and writing to narrate an event

SEL

Offer help when needed
Consider the well-being of others

Time

25 minutes

Materials

- Draw the Helper activity sheet
- Helping Hands activity sheet
- Crayons or markers



Mikku and
Chikku
(Mongooses)



1 Tell a story about a child being helpful. For example: *I remember a time when a new boy joined my class in the middle of the school year. When he arrived in my classroom, he didn't know any of the other children. One student walked right up to him with a big smile. "I'm Mira," she said. "Can I show you where to put your backpack?"*

2 Ask questions to encourage students to put themselves in each child's shoes.

- *How do you think the boy felt when he first walked in?*
- *What thoughts might have been going through his mind?*
- *How do you think Mira felt when she helped?*

3 Hand out the Draw the Helper activity sheet. Read the brief birthday party story at the top of the sheet aloud to the class. Then have students show their understanding by drawing how Priya helped Mira.

4 Next, have students **reflect** on how they help others, and create a classroom banner of helping hands.

- Pass out the Helping Hands activity sheet. Have each student trace an outline of their hand on the right side of the page. (Or have students work in pairs, with each child tracing an outline of the other child's hand.)

- Explain that these are their "helping hands." Inside their handprint, tell students to write an uppercase *H* and a lowercase *h*.
 - Next, ask students to think of a time when they helped someone else. Prompt them to think about how they help at home, at school, or on the go. Invite them to draw their responses in the space below their handprint.
 - Hang up students' drawings in the classroom as a reminder of the many ways that students in the class lend their helping hands.
- 5** Have students engage in **dramatic play** or **act out** skits about helping others, drawing on situations they have experienced or the story from step 3. Assign roles of giving or receiving help to each child within pairs or groups.

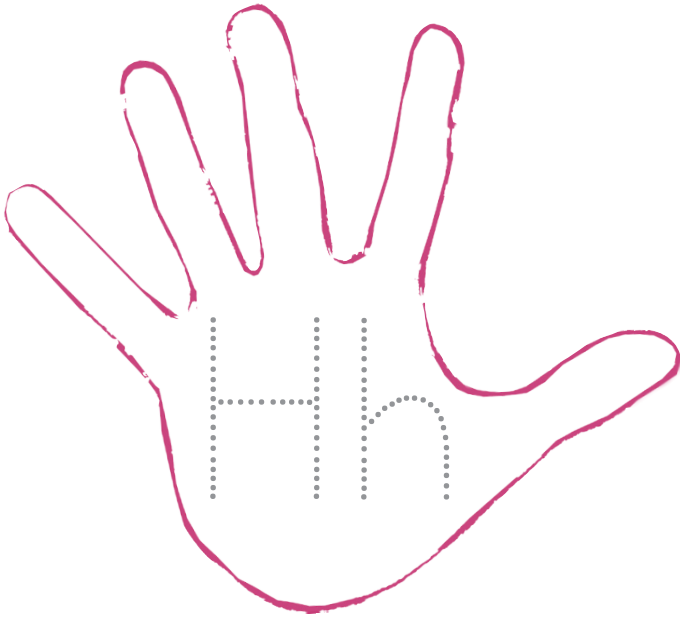


Priya and Mira



Helping Hands

1. **Trace** the letters below.
2. Make an **outline** of your hand.
3. **Write** an uppercase *H* and a lowercase *h* inside.



4. In the space below, **draw** a picture of how you help.





Name _____

Draw the Helper

Teachers: Read this story to your students, then have them draw Priya helping Mira.

Mira and her friend Priya were walking to a birthday party. “Oh no, I forgot to bring the present!” Mira said. She felt sad. Priya told Mira she would help. Priya ran as fast as she could to Mira’s house and got the present. “Thank you for helping me,” Mira said. “You’re a good friend!” When Priya and Mira got to the party, they had fun, and Mira’s friend loved the gift.

