



Taking Care of My Body Recommended Vocabulary for Explicit Discussion

Some vocabulary is learned implicitly by repeated exposure through reading books on a related topic. However, it is also beneficial to explicitly discuss and teach a few words from each read-aloud.

Utilize these key terms chosen from this read-aloud collection in conversation and activities to build vocabulary and reinforce concepts.

appetite

balanced

bike ride

bone

brain

bug

cavity

clean

dairy

dentist

diet

doctor

energy

exciting

exhausted

favorite

floss

germs

glasses

goal

grain

groups

grow

gums

healthy

hungry

lungs

meal

muscles

nutritious

patch

practiced

prevent

relaxing

rinses

scrubs

shapes

sick

sizes

soap

spinach

squint

stomach

strong

tricks

virus

vision

vitamins

wash

whined