



Staying Healthy

Recommended Vocabulary for Explicit Discussion

Some vocabulary is learned implicitly by repeated exposure through reading books on a related topic. However, it is also beneficial to explicitly discuss and teach a few words from each read-aloud.

Utilize these key terms chosen from this read-aloud collection in conversation and activities to build vocabulary and reinforce concepts.

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|-------------|-------------|---------------|
| ache | fats | preservatives |
| allergies | firm | protein |
| antibodies | fit | reflexes |
| attention | fussy | regular |
| average | germs | revolting |
| balanced | grains | rinse |
| brain | illness | scientists |
| brave | infection | scrub |
| clues | ingredients | sights |
| complicated | lean | spoiling |
| decisions | measures | spread |
| diet | memory | stretching |
| diseases | nutrients | taste |
| drug | occasion | terrible |
| energetic | poisons | thermometer |
| examined | power | unhealthy |
| eyelids | prescribes | |