















# I Brushed for Two Minutes, Twice Today!

**Log Your Progress!** Print copies of this chart from [scholastic.com/healthyteeth](http://scholastic.com/healthyteeth) for your child to check off each morning and night.

For more tips,  
visit [2min2x.org](http://2min2x.org).

S SUN	M MON	T TUE	W WED	T THU	F FRI	S SAT
						
						



My reward will be \_\_\_\_\_.