



RESOURCES

for Educators

The Let's Talk About Healthy Friendships materials from **Day One NY** and **Scholastic** give students tools to manage their emotions and treat friends with respect. Want to continue the conversation? These resources provide teachers, principals, and counselors with info about talking to kids about boundaries, gender, and sexuality.

HEALTHY RELATIONSHIPS

→ Order up to 200 free [Healthy Friendships guides](#) from Day One, designed for caregivers and teachers of young children.
GRADES K–5 bit.ly/HealthyRel1

→ Go to [Sex Positive Families](#) for age-by-age book lists and resources for children about consent, healthy relationships, and body autonomy. It also offers adult coaching sessions to help support these conversations.
GRADES K–12 bit.ly/HealthyRel2

SAFETY

→ Explore [Break the Cycle](#), which offers positive relationship and anti-violence programs for kids. **GRADES 9–12** bit.ly/HealthyRel03

→ Watch Day One's webinars on violence prevention and healthy relationships in kids: [Part 1](#), [Part 2](#).
GRADES K–5 bit.ly/HealthyRel04; bit.ly/HealthyRel05

→ Visit [Stop Sexual Assault in Schools](#) for resources and tool kits to help educators address sexual harm in their schools.
GRADES K–12 bit.ly/HealthyRel06

GENDER IDENTITY

→ Visit [Amaze.org](#) for educational animated videos about sexuality, gender identity, and healthy bodies. [Amaze jr.](#) is geared toward children ages 4–9.

GRADES K–8 bit.ly/HealthyRel7; bit.ly/HealthyRel8

→ Watch [Queer Kid Stuff](#), a video series for children that sparks honest discussions on sexuality and gender identity.
GRADES K–5 bit.ly/HealthyRel9

Visit scholastic.com/healthyfriendships for classroom activities.