# Lesson How to be a good friend

Encourage students to practice friendship skills with a little help from Cory Carson and his crew!

### **Objective**

Students will review strategies for building friendships and communicating with classmates.

# **Standards** CASEL

- Relationship building, communication
- Impulse control

#### **Time**

30 minutes

#### **Materials**

 Be My Friend! activity sheet

[Optional] Friendship video clip from scholastic.com/gogocorycarson.

Need more copies?
Download activity sheets at scholastic.com/gogocorycarson.





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## Part 1 » Making Friends

**Explain** that January started a new year, and that a new year is a good time to start again and make new friends.

Lead a class discussion about making new friends with a child you don't know well or at all. What are some ways students already do this? What do they find hard or easy about it? Optional: Show the friendship video clip. Discuss.

Share a strategy: Give a compliment to start a conversation! For example, "I like the cars on your shirt! Hi, my name is \_\_\_\_\_\_. Do you want to play with the toy cars together?" Tell students the best compliments are about things that the person chose themselves, like what they are wearing or doing.

Brainstorm examples of compliments students can give each other. They can practice this strategy in pairs either directly with each other or by using characters in picture books ("I would tell this character that...").

## Part 2 » Being a Good Friend

**Explain** that a new year is also a good time to review how we stay safe and happy. Lead a discussion about how to be a good friend. Idea prompts:

• It's good to take turns, find ways to play together that we both like, ask permission, say please and thank you, think about how someone else is feeling, say sorry if you accidentally hurt someone, offer to help, go over to







someone who is sitting alone, etc.

 We should not hurt people's feelings or bodies by hitting, pushing, biting, using mean words, etc. If you are upset, use your words or get an adult.

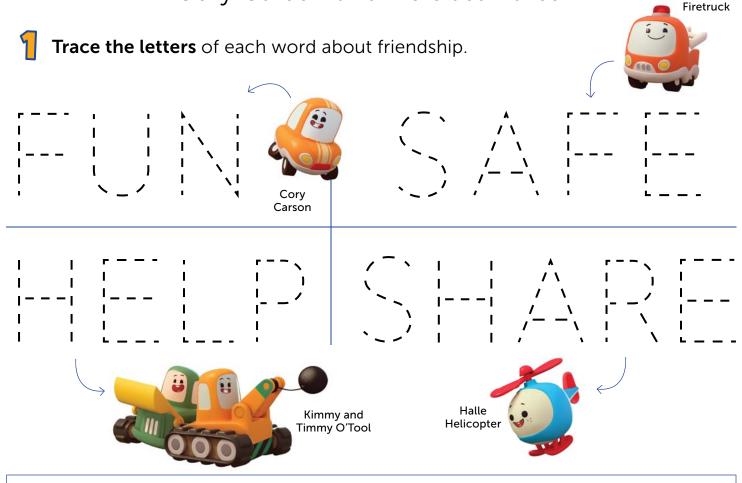
Hand out the Be My Friend! activity sheet. Explain the advice from Cory Carson and his friends using the context below. Have students practice letterforms by tracing the large words on the sheet. Then, direct them to draw a picture of a happy and safe friendship.

- Cory Carson/FUN: Invite a friend to do something fun.
- Freddie Firetruck/SAFE: Make friends feel comfortable. Never make a friend feel scared or sad.
- Kimmy and Timmy O'Tool/HELP: Help your friends however you can! Example: Help them clean up.
- Halle Helicopter/SHARE: Share something unique about yourself with a friend, and listen when they share.

# Be MY FRIEND!

Learn about being a good friend from Cory Carson and his classmates.

Freddie



**Draw a picture** of a happy and safe friendship.