# QUIZ: WHAT'S YOUR SECRET LEARNING STYLE?

- Are you a show-me student or more of a listen-and-learn kind of gal? Knowing how your brain works best is the new, easy way to an A!
  - 1. Your fam's heading to Paris—how do you plan to perfect your language skills in time for the trip?
  - A) Create an online slide show with pics—and the pronunciations—of popular Parisian sights.
    - B) Download Frenchlanguage podcasts and listen to 'em before bed.
    - C) Have your BFF over once a week to practice parlez-ing Français.
    - D) Rent French flicks (no subtitles!) and check out foreign newspapers and fashion mags at the library to teach yourself.

- 2. Dad's driving ya to a new bud's house for a sleepover. How do you direct him there?
- A) With landmarks.
- B) Call her for instructions, then repeat 'em to Pops.
- C) Find her street on a map and navigate with point-to-point directions.
- D) Just wing it.
- **3.** Your class is taking a trip to the aquarium. As soon as the group walks through the doors, you . . .
- A) Hit up the amphibian room and start reading the bulleted facts and stats on each tank.
- B) Listen closely as the tour guide talks about the exotic fish.
- C) Scope out the hands-on tank. You can't wait to pet a stingray!
- D) Ignore the tour and roam the building solo.



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- 4. You're giving a presentation on the Irish Potato Famine in history. To prep, you . . .
- A) Write down your speech over and over to help you memorize it.

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- B) Record yourself giving the speech, then play it back 'til you get all of the important facts and dates.
- C) Do a full dress rehearsal with your parents as the audience.
- D) Review your notes the night before, then just go for it.

- 5. You just spotted an old friend whom you haven't seen in ages. The first thing that jumps to your mind about her is . . .
- A) That cute mini dress she wore to the sixth-grade farewell dance.
- B) Her high-pitched voice and contagious laugh.
- C) The dance you both choreographed for the first-grade talent show.
- D) Um, not much. Her name is Brooke, right? Or Blake?



#### Answers

# MOSTLY A's . The Eyes Have It

You absorb everything visually, so you can't quite grasp a concept unless you actually see it. So during lectures, take astute notes and draw diagrams and charts so you really get the picture. And if you blank on a question at test time? Close your eyes and visualize where that info was on your outline—it'll come back to you.

#### MOSTLY B's • All Ears

You learn through listening, and you need to listen to get everything Teach is tellin' ya. Don't be afraid to ask her to repeat anything you may have missed, and read your notes aloud so all of the info sticks.

### MOSTLY C's • All About Actions

You learn through experience, so try sparking up the sedentary stuff by volunteering to read chapters out loud or to lead a class demo. Then, give your brain breaks by studying in short chunks of time and keep moving—you'll concentrate better.

# MOSTLY D's • Self-Jaught Student

You learn through experimentation, so it's best to set up a list of goals, then come up with your own ideas on how to make 'em happen. Since you work best on your own, study for exams solo. Try creating practice quizzes, and flip through flash cards each night before bed.

# THE BOTTOM LINE

No doubt, school's gonna be stressful. But it's nothing—we repeat nothing—you can't conquer. When things get hectic, just keep your spirits up with positive chatter. Tell yourself that yes, you'll definitely get that work done. Yes, you can score an A on that English exam. Yes, you can make the honor roll. Whatever your mantra, just make sure you're stickin' to it instead of letting school beat you up or make you feel stupid or lame. Because you know what? You're smarter than that!

