

# TRANSGENDER AWARENESS: How to Support and Share

## What Does Transgender Mean?

You may have heard the term *transgender* being used a lot recently, but what exactly does it mean? Transgender is an umbrella term for people whose gender identity differs from what is typically associated with the sex they were assigned at birth.

- For more information, visit GLAAD's "Transgender 101" page [here](#).
- Gender identity, transition, assignment. How do these words relate to a transgender person's experience? [Click here for a glossary of terms from transwhat.org](#).

## Transgender Youth

Here are some stories of transgender youth and the support they are getting from family, friends, and teachers:

- Australian mom takes out a birth announcement in the paper for her 19-year-old transgender son. [Read more](#).
- "I Wanted to Be a Boy" — NBC *Nightly News* shares the story of a family accepting their young daughter's transition. [Watch the feature here](#).
- "Support for Transgender Youth Is More Important Than Ever" [Read more](#).
- Hear from parents from PFLAG's support group for families of transgender children in the "It Gets Better" video. [Watch here](#).
- Resources for educators, from TransYouth Family Allies. [Learn more](#).
- *60 Minutes Australia* profiles Emma Hayes, who announced she wanted to live as a girl at 5 years old. [Watch here](#).

## Transgender Topics in the Media

- Laverne Cox, star of *Orange Is the New Black*, talks to *TIME* about the transgender movement. [Read more](#).
- Upcoming kid- and teen-interest shows include: *Becoming Us* on ABC Family (centers on the life of 17-year-old Ben Lehwald as his father Charlie transitions) and *All That Jazz* on TLC (follows the life of Jazz Jennings, a 14-year-old transgender activist and YouTube star)

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HC: 978-0-545-81254-2 • eBook: 978-0-545-81258-0  
Available September 2015

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