

## **Stella's Opinion**

Second graders should be able to bring a morning snack. Here's why.

First, we get hungry way before lunch time. If we're hungry, it's hard to concentrate on spelling or math. It's much easier to spell words and add numbers when our tummies aren't grumbling. So snacks will help us work harder and get smarter.

Second, we need snacks because some of us get low blood sugar when we haven't eaten in a while. This makes us grumpy. We don't want to snap at our friends, and snacks help us to be our

usual sweet selves. Less fighting, more sharing!

Our class gets along much better that way

To conclude, morning snacks are important! We  
should bring them back for second graders.

When our stomachs are happy, we're happy kids  
who can learn better because we can  
concentrate. And that's what school is all about.