



# OVER-THE-COUNTER MEDICINE SAFETY

## Additional Resources

- ▶ **Food and Drug Administration's How to Dispose of Unused Medicines:** Provides guidelines and consumer updates on how to properly dispose of medications. [www.fda.gov/ForConsumers/ConsumerUpdates/ucm101653.htm](http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm101653.htm)
- ▶ **KnowYourDose.org:** Introduces information about how to take acetaminophen safely. This website contains information targeting pediatric and other healthcare providers. [www.knowyourdose.org](http://www.knowyourdose.org)
- ▶ **KnowYourOTCs.org:** Gives consumers the information and tools they need to safely use, store, and dispose of consumer healthcare products. [www.knowyourotcs.org/](http://www.knowyourotcs.org/)
- ▶ **National Council on Patient Information and Education's Tools for Consumers:** Provides resources on how to talk about prescriptions, appropriate use of nonprescription medicines, and dietary and herbal supplements. [www.talkaboutrx.org/med\\_users\\_tools.jsp](http://www.talkaboutrx.org/med_users_tools.jsp)
- ▶ **PreventRxAbuse.org:** Introduces an online toolkit developed by CADCA to help community leaders prevent and reduce teen prescription and over-the-counter medicine abuse. [www.preventrxabuse.org](http://www.preventrxabuse.org)
- ▶ **The PROTECT Initiative: Advancing Children's Medication Safety:** Introduces this innovative collaboration which brings together public health agencies, private sector companies, professional organizations, consumer and patient advocates, and academic experts to develop strategies to keep children safe from unintentional medication overdoses. [www.cdc.gov/MedicationSafety/protect/protect\\_Initiative.html#References](http://www.cdc.gov/MedicationSafety/protect/protect_Initiative.html#References)
- ▶ **StopMedicineAbuse.org:** Supplies resources to help parents and community leaders address the problem of teen OTC cough medicine abuse, specifically products containing dextromethorphan (DXM). [www.stopmedicineabuse.org](http://www.stopmedicineabuse.org)

