



OVER-THE-COUNTER MEDICINE SAFETY

WHAT'S ON THE LABEL?

Drug Facts help you understand the medicines that you take and how to take them safely. All medicines should be taken under the direct supervision of a parent or trusted adult.



Drug Facts

Active ingredients **Purpose**
 Medicine 100 mg cough suppressant
 Medicine 150 mg nasal decongestant

Uses Temporarily relieves:
 ■ coughing due to minor throat and bronchial irritation
 ■ nasal congestion

Warnings
Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

Ask a doctor before use if you have liver or kidney disease. Your doctor should determine if you need a different dose.

When using this product
 ■ you may get drowsy
 ■ be careful when driving a motor vehicle or operating machinery
 ■ excitability may occur, especially in children

Stop use and seek medical help right away if allergic reaction occurs.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions
 ■ Tablet melts in mouth. Can be taken with or without water.

Age	Dose
adults and children 12 years and older	2 tablets every 12 hours; do not use more than 4 tablets in a 24-hour period
children 6 years to under 12 years	1 tablet every 12 hours; do not use more than 2 tablets in a 24-hour period
children under 6 years of age	ask a doctor

Other information
 ■ store at 20°–25°C (68°–77°F) ■ keep dry

Inactive ingredients
 anhydrous citric acid, aspartame, magnesium stearate, maltodextrin, modified food starch, sodium bicarbonate, D&C yellow no. 10

Questions or comments?
 Call weekdays from 9 a.m. to 5 p.m. EST at 1-800-XXX-XXXX.

This is not an actual Drug Facts label.

The **Uses** section of the label tells you the symptoms the medicine treats.

Look in the **Warnings** section to learn about what other medicines you should not take with this medicine, the side effects this medicine can cause, when to ask a doctor before taking this medicine, and other important safety information such as when to stop taking the medicine and talk to a doctor.

The **Directions** section of the label tells you the amount of medicine (dose) you can take, how often you can take the medicine, and how much you can take in one day.

Some labels also have a **Questions or comments?** section that gives you the phone number of the company if you have questions or comments on the specific medicine.

The **Active ingredients** section of the label tells you the names of the active ingredients in the medicine and what jobs they do (e.g., relieve pain, reduce fever, or suppress cough). Some medicines may have more than one active ingredient.

In the **Other information** section of the label you'll find other things you need to know, such as how to store the medicine.

You'll find a list of any preservatives, food coloring, flavoring, or other ingredients not intended to treat your symptoms in the **Inactive ingredients** section on the Drug Facts label. These can be important if you or someone in your family has an allergy.

OTC MEDICINE FACTS

- Over-the-counter (OTC) medicines need to be treated with the same care and caution as prescription (Rx) drugs.
- Ask your doctor, nurse, or pharmacist if you have questions about an OTC medicine.
- Always use the dosing device that comes with your OTC medicine.
- Take only one medicine at a time that contains the same kind of active ingredient.
- All medicines, including OTC medicines, should be put up, away, and out of sight after every use.



ASK FOR HELP

Poison control centers are open 24 hours a day, every day of the year. Calls are fast, free, and confidential. Save the Poison Help number in your phone:

1-800-222-1222