

STUDY SKILLS: SETTING GOALS

ACTIVITY ONE: SETTING PRIORITIES

Each day you are faced with a wide range of things you need or want to do for school, for your family and friends, and for yourself. Below is a list of things you could do on a weekday evening. Arrange them in the order of your priorities. Put the most important task first.

- Organize my backpack for school tomorrow 1. _____
- Watch my favorite TV program 2. _____
- Choose clothes to wear to school tomorrow 3. _____
- Have dinner with my family 4. _____
- Call a friend to tell her about the math homework 5. _____
- Study for the social studies test being given on Friday 6. _____
- Begin science project due next Monday 7. _____
- Instant message with my friends 8. _____
- Complete math homework problems that are due tomorrow 9. _____
- Read a book I've been wanting to read 10. _____



ACTIVITY TWO: GOAL ORGANIZER



Short-Term Goals

This week I will/our class will:

- 1 _____
- 2 _____
- 3 _____

Medium-Term Goals

This month I will/our class will:

- 1 _____
- 2 _____
- 3 _____

Long-Term Goals

This year I will/our class will:

- 1 _____
- 2 _____
- 3 _____