Dear Parents,

Parents and teachers are partners in making life comfortable and happy for little ones. Please fill in information about your child’s special needs, likes, and routines and return this form to your child’s teacher.

1. What is your child’s preferred “lovey”? ______________________________________________________
____________________________________________________________________________________

2. What techniques have you tried that seem to work for your child when he is fussy, upset, overtired, or bumps himself hard? How do you comfort him? _________________________________________________
_______________________________________________________________________________________________________
_____________________________________________________________________________

3. What body positions does he prefer—your lap? being held cheek to cheek? being carried on a hip?
_________________________________________________________________________________________________
_________________________________________________________________________________________

4. Does your little one need a very quiet sleep space? ______________________________________________
_____________________________________________________________________________

5. Do you always sing lullabies or do you use special tapes with sleepy time songs?
_______________________________________________________________________________________________________
_______________________________________________________________________

6. Does your child like back rubs once you have put her in the crib, or are there other soothing crib routines she enjoys? ______________________________________________________________________________
_______________________________________________________________________________________________________
___________________________________________________________________________

7. What does your child enjoy before you put him in the crib or (a song, a story)? Once you have gently placed him in the crib? ___________________________________________________________________________
_______________________________________________________________________________________________________
______________________________________________________________________

8. If you use a bib while feeding your baby, do you put the bib on before you put him in the feeding chair or after he is already seated? (Little differences in routines between parent and teacher can sometimes bewilder a baby.)__________________________________________________________
________________________________________________________________________________

The more you share about your ways of comforting your baby, the easier you will make the transition for your child and his teacher to get along peacefully and comfortably while they are together.

Thank you for sharing your special knowledge about what comforts your little one.