

i n f a n t s *t o d d l e r s*

Dear Parents,

Getting acquainted with your baby is an amazing adventure for a parent. Sure, all babies need to be fed and diapered, but babies differ enormously in how they signal their needs. Indeed, they differ in how intensely they express their personalities even from birth. Some are squirmy and kick off covers, while others lie quietly asleep.

You can help us tune into your child's temperament by filling in and returning this form to us.

1. What do you do to comfort your baby when he is distressed? _____

2. What do you do to soothe your baby when she is tired? _____

3. What signals does your baby give you to let you know that he is hungry or sleepy?

4. How does your child react to meeting new people? What do you do to calm her if she shows some anxiety?

5. How do you help your child cooperate in the event that he refuses with a strong "No!"?

6. How do you help your child develop skills she's working on, such as feeding herself or picking up toys?

7. What do you do to help soothe your child's fears? _____
