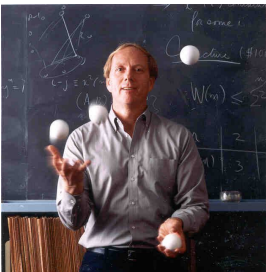


Station #1: Physical (meet in the hall)

Based on your answers to the survey, you have been placed in this group because it is NOT one of your strengths. This group should pose a challenge to you either because you aren't good at athletics or because you do not enjoy them.

Let's see how you can put your growth mindset to work. After each activity answer the survey question of the same number.

#1: Try to juggle with three balls at the same time. Can you do this and count to 20?



#2: Balance a book on your head and walk from one line to the other keeping the book on your head.



#3: Hold the following yoga pose for a minute. Place your right foot on your left thigh while extending your hands touching overhead.



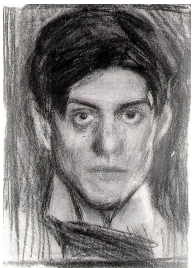
Finish the last Google Form question and submit this before tomorrow's class.

Station #2: The Arts (meet by the whiteboard in the back of the room)

Based on your answers to the survey, you have been placed in this group because it is NOT one of your strengths. This group should pose a challenge to you either because you aren't good at art or because you do not enjoy it.

Let's see how you can put your growth mindset to work. After each activity answer the survey question of the same number.

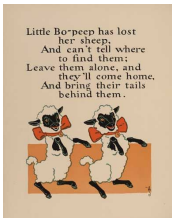
#1: Draw a self-portrait of yourself on the whiteboard with expo markers.



#2: Make a sculpture of an animal with one color of play doh.



#3: Find a rhyming word with the words on the handout.



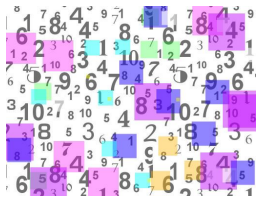
Finish the last Google Form question and submit this before tomorrow's class.

Station #3: Cognitive (Meet by the smart board)

Based on your answers to the survey, you have been placed in this group because it is NOT one of your strengths. This group should pose a challenge to you either because you aren't good at school work or because you do not enjoy it.

Let's see how you can put your growth mindset to work. After each activity answer the survey question of the same number.

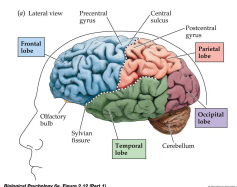
#1 Try to memorize these numbers. Find a partner and quiz each other. How many did you get?



#2 Find the answer to the trivia question.



#3 Solve the Brain Teaser.



Finish the last Google Form question and submit this before tomorrow's class.

Cognitive Activities

Memorize the following numbers:

54467298574920850093465911265433498045029479027592768

Trivia Question:

Which American entertainer studied Metaphysics in college?

Brain Teaser:

An art gallery features a modern work of 'moving art'. The artist stands by a stack of paintings, each featuring a different number. One of the paintings is displayed on the wall. At certain times the artist removes the painting from the wall and replaces it with a painting from the stack. At 11am, the artist hangs a painting of the number 30. At 4pm he hangs a painting of number 240. At 7.30pm he hangs a painting of number 315. What painting does the artist hang at 9.20pm?