

WHY DID EVERYTHING HAVE TO CHANGE?

By Anna Friend

Illustrated by Jake Biggin

Part of the **Big Little Hearts** series written to support families dealing with traumatic events in life

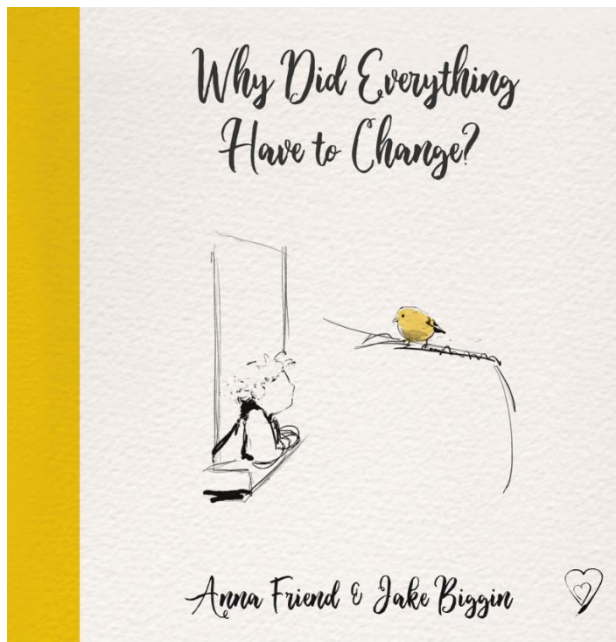
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Specifications:

- Black-and-white line illustration
- 250 x 240mm,
- 24pp self-ends



A reassuring journey through a child's common worries and fears during the worldwide pandemic.

When school suddenly shuts one day, Billy is worried about what will happen next ... will things ever return to how they were before?

Key Selling Points

- With mindfulness activities for families to do together to combat feelings of anxiety
- Beautifully illustrated and simply written, it allows the reader to understand how a child might be feeling
- Gives a voice to those thoughts that are pinging around a child's head making them feel wobbly and upset
- Can be shared with younger children or read independently
- This book series is honest in tone and uses simple language designed to start conversations and provide comfort



Anna Friend is a writer, director and actor. She has written the Big Little Hearts books to support families experiencing traumatic events.

Jake Biggin is an artist and illustrator who studied Fine Art at Central St Martins in London.

January 2022: *Who Will Love Me When You're Gone?* For families dealing with the loss of a parent.

May 2022: *Will Mummy Still Love Me Like Before?* For families who have a new baby on the way.