



Go-Along Page 2

Involuntary vs. Voluntary

Complete the chart by listing involuntary and voluntary actions that you do.

Involuntary	Voluntary
1. Tear production	1. Talking
2. Blinking	2. Walking
3. Sweating	3. Reading
4. Digesting food in your stomach	4. Cleaning your room
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.