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## Go-Along Page 1

## I Can Be Anything!

Following the example your teacher models for you, fill in three statements of things you know you could do if you really put your mind to it. Next, add what the little voice might say that could undermine your confidence. Then respond to the little voice and assert why you can do it!

1.	You:	can	be	anything	۱۱.	will	write	a	book	about	my	amazing,	silly	cats.
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**Little Voice:** No, you can't. You will quit before you finish.

**You:** I won't quit. I'll turn on the music really loud so I'm not distracted, reread what I write, and keep going! Maybe a friend will help me if it gets hard.

2.	You:
	Little Voice:
	You:
_	
3.	You:
	Little Voice:
	•
	You:
4.	You:
	Linta Walana
	Little Voice:
	You:
_	NAVIo at in a consettain access to the consequence of the force of the consequence of a station
	What is something you tell yourself to keep going when you feel like mething is too hard?