

Connect & Reflect

Here's a quick exercise to target the support you need most right now.



STRENGTHENING PROFESSIONAL RELATIONSHIPS

REFLECT: What type of professional support do I most need right now?

- | | |
|---|---|
| <input type="checkbox"/> Strategies to engage students | <input type="checkbox"/> Ideas for adapting lessons to meet diverse learning needs |
| <input type="checkbox"/> Constructive feedback from peer or mentors | <input type="checkbox"/> Help identifying and addressing learning or behavioral challenges for one or more students |
| <input type="checkbox"/> A listening ear to provide emotional support | |
| <input type="checkbox"/> Other: | |

BRAINSTORM: How can I get it? Where could I find it?

- | | |
|--|---|
| <input type="checkbox"/> Observe a colleague's class | <input type="checkbox"/> Join a teacher support group |
| <input type="checkbox"/> Schedule regular check-ins with a mentor | <input type="checkbox"/> Engage in an online teacher community |
| <input type="checkbox"/> Attend a conference or professional learning workshop | <input type="checkbox"/> Invite another teacher to lunch/coffee |
| <input type="checkbox"/> Other: | <input type="checkbox"/> Request feedback from your principal |

GET SPECIFIC: What exactly will you do to address your challenge?

Who will you reach out to?

EXAMPLE: I will attend the Future of EdTech & Learning Conference to get ideas for interactive review games; I will ask Mr. Jamerson if I can observe his class to watch how he manages the rest of the class when meeting with small groups.

I will _____ to _____

SCHEDULE IT: Put it on your calendar!