

ollow the steps in the diagram below to help you write your essay. In baseball, you have to follow bases as you run. Likewise, in writing an essay each step is important and should be followed to complete the essay.



WRITE YOUR MAIN IDEAS:

Make sure your main ideas relate to your topic.

THIRD BASE

FIRST BASE

Start Here

CHOOSE

A TOPIC:

Try to be as specific

as possible when you

make your topic choice.

CREATE AN OUTLINE:

As you write your outline, remember that each main idea needs details to support it.

HOME PLATE

WRITE TOPIC

Use the details from your outline to help you. Now you're ready to begin writing your essay!

SENTENCES:

BEGIN WRITING YOUR **ESSAY!**

- ◆ Try writing a few "practice" sentences to get your mind ready to go.
- Use the outline you created on third base to keep you on the right track.
- Your essay should begin with a good topic sentence. Creating a strong topic sentence can help guide your essay writing.



ESSAY CONTEST!

Write an essay about a barrier you have faced. In the essay, explain how you used one or more of Jackie Robinson's nine values to face your barrier. Use the organizer above to help you develop your ideas. Students in grades 4-9 can enter the Breaking **Barriers Essay Contest.**

For more information, ask your teacher or visit scholastic.com/breakingbarriers/kids.