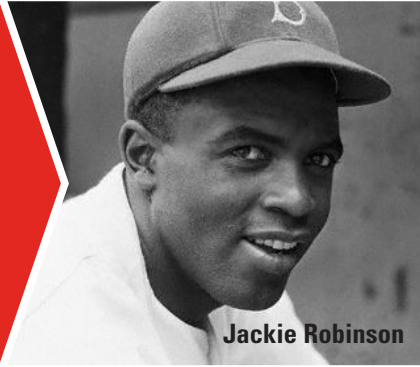


# Values and Barriers



Jackie Robinson

**We all face different kinds of barriers in our lives.** Read on to learn how students across the country have overcome their unique barriers by using Jackie Robinson's Nine Values.

**Asma, Grade 5, New York**

**Barrier:** Wearing a head covering as part of her Muslim culture  
 "Like Jackie Robinson, I was discriminated against and treated poorly. **Integrity** is a value Jackie and I used to help us get through being treated this way.... He didn't fight back and never let others get the reaction they wanted. I've done the same."

**Zoe, Grade 5, Ohio**

**Barrier:** Dyslexia  
 "I was determined to take my feelings of sadness and frustration and turn them into something positive.... Like Jackie Robinson, I was going to be **persistent** and not 'wait 'til next year.' "

**Hafsa, Grade 6, New York**

**Barrier:** Mother's death  
 "I can't forget that day, but I did have to find a way to move on.... One of Jackie Robinson's values, **courage**, has helped me through this challenge. Courage has helped me live a day at a time without the love and guidance my mom provided."

**Colin, Grade 7, Iowa**

**Barrier:** Parents' divorce  
 "The thought of my parents leaving each other was horrifying enough but it actually happening was much worse than I ever thought.... I stayed strong through all of this by using Jackie Robinson's value of **excellence**.... Even though everything was pretty bad, I did my best."

**Gabrielle, Grade 8, Michigan**

**Barrier:** Racial bullying at school  
 "I knew that it would require **teamwork** for me to gather up **courage** to stand up to her.... I reached out to all of my friends and asked them if she had ever said anything racist towards them.... I was shocked and I knew we had to tell the principal about this."

## KEY TERMS

> **VALUE** A belief that is important to you and helps to guide your life

> **BARRIER** A challenge or obstacle that makes it difficult for you to move forward

## JACKIE ROBINSON'S NINE VALUES

### CITIZENSHIP

Making a contribution that improves the lives of others

### COMMITMENT

Making a promise and following through on it

### COURAGE

Doing what you know is the right thing even when it is hard to do

### DETERMINATION

Staying focused on a plan even though the path to its end may be difficult

### EXCELLENCE

Doing the best that you possibly can

### INTEGRITY

Sticking to your values, regardless of what others think you should do

### JUSTICE

Treating all people fairly, no matter who they are

### PERSISTENCE

Working toward a goal and continuing to move forward even though you face obstacles or barriers

### TEAMWORK

Working with other people toward a common goal

Cut out your own Jackie Robinson's Nine Values bookmark.