






Name \_\_\_\_\_

# Find Your Communication Style

Read the scenarios about distracted walking and driving and circle how you'd respond. Tally your answers to find out which strategies you use to keep your people safe.

- 1 Your older sister is typing "pizza near me" into her GPS app while driving. You say:**
  - a. We're going to be flat like pizza if you don't put your phone away.
  - b. Programming your GPS is just as distracting as texting while driving, you know.
  - c. Hey, put your phone down and focus on the road!
  - d. Gimme the phone. You drive and I'll look for pizza.
- 2 Your teammate pops in her earbuds on the walk through town to the soccer field. Music helps her get in the zone before a big match. You hear her tunes blasting out, so you tap her on the shoulder and say:**
  - a. In the zone?! Sounds more like zoning out. You need to be able to hear!
  - b. You're not as likely to hear traffic and react to risks with earbuds in.
  - c. It's dangerous to wear your earbuds loudly while you're walking.
  - d. It'd be safer to listen to your playlist while you stretch instead.
- 3 Ugh! In the *middle* of the crosswalk, your little brother decides to check through his book bag for his field trip form. You say:**
  - a. Watch where you're walking! I don't want you to trip *before* your trip! Ha ha!
  - b. We have to focus on getting across safely—intersections are dangerous places, buddy!
  - c. Keep your head up and keep moving, lil' guy!
  - d. Hand me your book bag. I'll help you look once we're safely to the other side.
- 4 The important call your mom's been waiting for all day comes in just as she's backing out of the driveway to take you to band practice. You say:**
  - a. Put it in park, Mom. I'll shred it on the air guitar while you're on the phone.
  - b. Being on the phone while driving leads to more than a million crashes a year!
  - c. It's not safe to be on the phone while we're driving.
  - d. Let me answer. I'll take down all the details for you.

Mostly A's	Mostly B's	Mostly C's	Mostly D's	Mixture
				
<b>The Quipster</b>	<b>The Academic</b>	<b>The Straight-Talker</b>	<b>The Helper</b>	<b>The Adapter</b>
Distracted walking and driving is no joke, but that doesn't mean you can't sprinkle in a little humor while showing concern for your friends and family.	Sharing info, facts, and stats helps you get your point across—distracted walking and driving is dangerous.	No need to tiptoe around the issue. You believe it's best to be direct and get right to the point—distracted walking and driving is dangerous.	Distracted walking and driving is dangerous, which is why you suggest an alternative solution or a helping hand!	You get a good read on the situation, then choose a strategy to keep your friends and family safe from distraction!

Name \_\_\_\_\_

# Apply Your Communication Strategies



Consider the scenarios below. What are the risks? What strategies could you use to communicate your concerns? What might you say?

- 1** Three of your classmates are making a funny video in the school parking lot before the bell rings.

Risks: \_\_\_\_\_

My Strategy: \_\_\_\_\_

I'd say: \_\_\_\_\_

- 2** Your uncle is keeping one eye on the road and one hand on the wheel while feeling around for the lid that fell off his coffee cup.

Risks: \_\_\_\_\_

My Strategy: \_\_\_\_\_

I'd say: \_\_\_\_\_

- 3** Your friend is flipping through their camera roll as you cross the street. They want to show you a hilarious picture they took last weekend.

Risks: \_\_\_\_\_

My Strategy: \_\_\_\_\_

I'd say: \_\_\_\_\_