

Teddy's Snack Ideas

Make snacktime fun time with these delicious, low-fat recipes made with Teddy Grahams!

Fruit Crisp

6 Servings Prep Time: 20 min Total Time : 45 min

Ingredients

2 cans (15 oz. each) sliced peaches or pears in natural juice, drained	1/2 cup TEDDY GRAHAMS Honey Graham Snacks (about 32)
2 Tbsp. seedless raisins	1/8 tsp. ground nutmeg
3/4 tsp. ground cinnamon, divided	2 tsp. margarine or butter, melted

Preparation

- PREHEAT oven to 350°F. Toss peaches, raisins and 1/4 tsp. of the cinnamon in 9-inch pie plate. Bake 15 minutes.
- MIX graham snacks, nutmeg, remaining 1/2 tsp. cinnamon and margarine; toss to coat. Spoon over fruit mixture.
- BAKE an additional 10 minutes or until heated through.



For nutrition information, visit www.nabiscoworld.com/recipes

Yogurt Teddy Treats

9 Servings Prep Time: 20 min Total Time : 4 hr 20 min

Ingredients

2-1/4 cups TEDDY GRAHAMS Cinnamon Graham Snacks, divided	1 cup sliced fresh strawberries
1-1/2 qt. (6 cups) frozen nonfat yogurt, any flavor, divided	1 cup banana slices
	COOL WHIP LITE Whipped Topping, thawed (optional)

Preparation

- ARRANGE 1 cup of the graham snacks on bottom of foil-lined 8-inch square pan. Cover with layers of 2 cups of the yogurt and strawberries. Top with layers of 2 cups of the remaining yogurt and bananas.
- STIR 1 cup of the graham snacks into remaining 2 cups yogurt; spread over banana layer. Cover. Freeze 4 hours or until firm.
- REMOVE from pan. Cut into squares. Garnish with remaining graham snacks just before serving. Top with whipped topping.



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Speedy Trail Mix

14 Servings Prep Time: 10 min Total Time: 10 min

Ingredients

4 cups air popped popcorn
1 cup diced dried fruit mix
2 cups TEDDY GRAHAMS Graham Snacks, any flavor



Preparation

- MIX all ingredients in large bowl. Store in airtight container. Servings are 1/2 cup.

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