

# STUDY SKILLS: SETTING GOALS

## ACTIVITY ONE: SETTING PRIORITIES

Each day you are faced with a wide range of things you need or want to do for school, for your family and friends, and for yourself. Below is a list of things you could do on a weekday evening. Arrange them in the order of your priorities. Put the most important task first.

- Organize my backpack for school tomorrow 1. \_\_\_\_\_
- Watch my favorite TV program 2. \_\_\_\_\_
- Choose clothes to wear to school tomorrow 3. \_\_\_\_\_
- Have dinner with my family 4. \_\_\_\_\_
- Call a friend to tell her about the math homework 5. \_\_\_\_\_
- Study for the social studies test being given on Friday 6. \_\_\_\_\_
- Begin science project due next Monday 7. \_\_\_\_\_
- Instant message with my friends 8. \_\_\_\_\_
- Complete math homework problems that are due tomorrow 9. \_\_\_\_\_
- Read a book I've been wanting to read 10. \_\_\_\_\_



## ACTIVITY TWO: GOAL ORGANIZER



### Short-Term Goals

This week I will/our class will:

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_

### Medium-Term Goals

This month I will/our class will:

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_

### Long-Term Goals

This year I will/our class will:

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_