

## How We Feel Around Sick People

"HELPING" TEACHER SHEET

## JACK

"Hi, Jack," you say when you see him in class this morning. Jack says nothing.

You wonder if he heard you. His head is down.

"Hi, Jack," you say again as you walk to his desk.

Jack looks up. His eyes are red. He sniffles. He coughs.

He looks back down and you walk away.

- 1. What do you think might be wrong with Jack?
- 2. How does that make you feel?
- 3. What do you think you could do or say to help?

## GRANDMA

"Hi, Grandma," you say when you visit her in the hospital.

Your grandma says nothing.

You wonder if she heard you. Her eyes are closed.

The nurse says, "Your grandma is sleeping now. She's very sick."

"Okay," you say.

You leave the room.

- 1. What do you think might be wrong with your grandma?
- 2. How does that make you feel?
- 3. What do you think you could do or say to help?