

RECYCLING MATTERS



When it comes to trash and garbage, we have choices to make. We can recycle or **compost**, which are green choices. Or we can throw things in the garbage—not green.

Directions: How can making green choices impact the amount of garbage you throw away? Over the next week, record all the items that you are able to recycle or compost. Challenge yourself to recycle or compost more items than you throw away. Add up the items in each category at the end of the week!

	Monday	Tuesday	Wednesday	Thursday	Friday	TOTAL
Items Recycled						
Items Composted						
Items Thrown in the Garbage						

WORDS TO KNOW

- **compost** (verb)—to change food scraps and plant materials into fertilizer for soil