

★ NASCAR ENERGY UNIT LEARNING OUTCOMES ★

LESSON 1: POTENTIAL ENERGY HIDDEN ENERGY

At the end of Lesson 1, students will be able to:

- 1. Define potential energy
- 2. List the four main types of potential energy
- 3. Identify forces that influence potential energy

LESSON 2: KINETIC ENERGY ENERGY IN MOTION

At the end of Lesson 2, students will be able to:

- 1. Define kinetic energy
- 2. Identify forces that influence kinetic energy
- 3. Describe the relationship between potential and kinetic energy

LESSON 3: ENERGY AND SPEED UNDER THE HOOD

At the end of Lesson 3, students will be able to:

- Explain the connection between potential and kinetic energy
- 2. Explain how NASCAR engines work

LESSON 4: FRICTION AND ENERGY A DYNAMIC DUO

At the end of Lesson 4, students will be able to:

- 1. Define friction
- 2. Describe the relationship between friction and speed
- 3. Describe the relationship between friction and racecar safety

BEFORE YOU BEGIN: Have students complete the pre-assessment. Save the pre-assessments until the end of the unit to measure the growth in student knowledge.

PRE-ASSESSMENT ANSWER KEY: 1. C; **2.** B; **3.** D; **4.** B; **5.** A; **6.** A; **7.** C; **8.** D; **9.** D; **10.** D

CORE CONCEPTS AND SKILLS SPOTLIGHT

NEXT GENERATION SCIENCE STANDARDS

Energy and NASCAR covers overarching concepts and skills relevant to a range of principles that can be easily applied to your state's science and reading standards.

DISCIPLINARY CORE IDEAS: PHYSICAL SCIENCE

Motion and Stability: Forces and Interactions

▶ The gravitational force of Earth acting on an object near Earth's surface pulls that object toward the planet's center.

Related Standard:

Support an argument that the gravitational force exerted by Earth on objects is directed down.

▶ The sum of an object is determined by the sum of the forces acting on it; if the total force on the object is not zero, its motion will change. For any given object, a larger force causes a larger change in motion.

Related Standard:

Plan an investigation to provide evidence that the change in an object's motion depends on the sum of the forces on the object and the mass of the object.

Energy

Motion energy is properly called kinetic energy; it is proportional to the mass of the moving object and grows with the square of its speed.

Related Standard:

Construct and interpret graphical displays of data to describe the relationship of kinetic energy to the mass of an object and to the speed of an object.

A system of objects may also contain stored (potential) energy, depending on their relative positions.

Related Standard:

Develop a model to describe that when the arrangement of objects interacting at a distance changes, different amounts of potential energy are stored in the system.

SCIENCE AND ENGINEERING PRACTICES

Planning and Carrying Out Investigations

- ▶ Plan and conduct an investigation collaboratively to produce data to serve as the basis for evidence, using fair tests in which variables are controlled and the number of trials considered.
- Make observations and/or measurements to produce data to serve as the basis for evidence for an explanation of a phenomenon or test a design solution.

Engaging in Argument From Evidence

Construct, use, and/or present an oral and written argument supported by empirical evidence and scientific reasoning to support or refute an explanation or a model for a phenomenon or a solution to a problem.

Constructing Explanations and Designing Solutions

Construct an explanation of observed relationships.

Obtaining, Evaluating, and Communicating Information

Communicate scientific and/or technical information orally and/or in written formats, including various forms of media as well as tables, diagrams, and charts.

Source: NGSS Lead States. 2013. Next Generation Science Standards: For States, By States. Washington, DC: The National Academies Press.

COMMON CORE READING STANDARDS

ENGLISH LANGUAGE ARTS: READING INFORMATIONAL TEXT

Key Ideas and Details

Determine central idea of a text and draw inferences by citing textual evidence and analyses of key individuals, events, or ideas.

Craft and Structure

▶ Determine meaning of words, phrases, and sentences in the context of their significance to the passage.

Source: Common Core State Standards Initiative. 2017.