



BENEFITS OF GARDENING AFFECT ALL AREAS OF LEARNING

Art

- Dyes
- Natural art drawings
- Collage
- Painting

Phys. Ed.

- Digging, Planting, Raking
- Breathing fresh air
- Dexterity & balance

Math

- Estimating & measuring
- Growth time
- Graphing
- Geometry

Health

- Feeding others
- Learning about the source of food
- Nutrition education

Social Studies

- Environmental issues
- Agricultural economy
- Teamwork & Leadership



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