Hooray, hooray! It’s dentist day! I put on my shoes and zip up my coat. My mom sings a song as we drive along:

Every day we all must brush,
Even when we’re in a rush. 🎶
Eating healthy all year long,
Helps keep our teeth super strong.

Count them,
Clean them,
Make them shine;
The dentist is a friend of mine!

At the dentist’s office, I sit on Mom’s or Dad’s lap. Then Dr. Lisa comes in.

She checked my gums when I was just a baby. Now she counts my teeth.

The chair goes up and she shines a light into my mouth to help her see if my teeth are healthy.

She cleans my teeth with a tool that spins and buzzes. Oops! She gets my chin wet. Now my smile is all sparkly. Thank you, Dr. Lisa. I promise to brush two times a day for two minutes. See you next time!