

DENTIST DAY



Hooray, hooray! It's dentist day! I put on
my shoes and zip up my coat.
My mom sings a song as we drive along:

*Every day we all must brush,
Even when we're in a rush. 🎵
Eating healthy all year long,
Helps keep our teeth super strong.*



*Count them,
Clean them,
Make them shine; 🎵*

The dentist is a friend of mine!

At the dentist's office, I sit on Mom's or Dad's
lap. Then Dr. Lisa comes in.

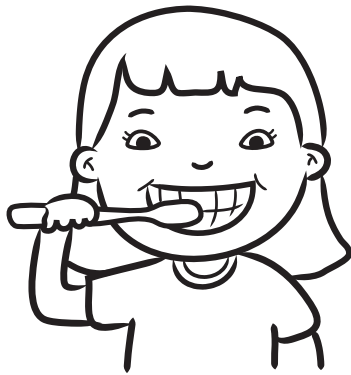
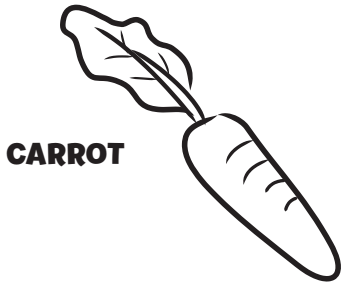
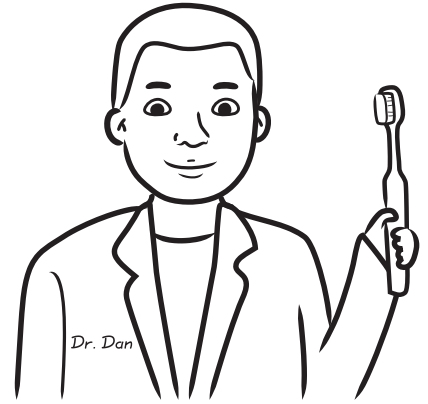
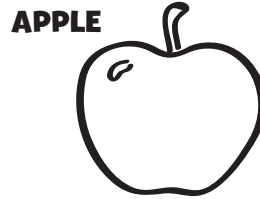
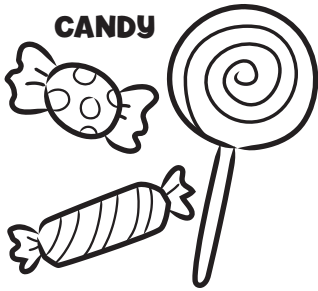
She checked my gums when I was just a
baby. Now she counts my teeth.

The chair goes up and she shines a light
into my mouth to help her see if my teeth
are healthy.

She cleans my teeth with a tool that spins and
buzzes. *Oops!* She gets my chin wet. Now
my smile is all sparkly. Thank you, Dr. Lisa.
I promise to brush two times a day for two
minutes. See you next time!

WHAT IS GOOD FOR MY TEETH?

Color or circle the pictures of things that help keep your smile healthy.



WHAT MAKES ME SMILE?

Draw a picture of something that makes you smile.

