SCHOLASTIC

Crunch the Numbers

More Fruits and Veggies, More Fun!

Using the times table below will help you to learn your multiplication.
To multiply two numbers, find the first number in the left column.
Then find the second number in the top row.
Your answer is located where the column and row come together.

1	2	3	4	5	6	7	8	9	10
2	4	6	8	10	12	14	16	18	20
3	6	9	12	15	18	21	24	27	30
4	8	12	16	20	24	28	32	36	40
5	10	15	20	25	30	35	40	45	50
6	12	18	24	30	36	42	48	54	60
7	14	21	28	35	42	49	56	63	70
8	16	24	32	40	48	56	64	72	80
9	18	27	36	45	54	63	72	81	90
10	20	30	40	50	60	70	80	90	100

What do you get when you mix ten fingers, warm water, and soap?

Clean hands!

Eating more fruits and veggies is good, but eating even **more** is even **better**.

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fruits & veggies more matters

FIGHT BAC! Keep Food Safe From Bacteria

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Photos: Fruits and vegetables: Pickle slices, coconut, kiwi slices, artichoke, lychee, peas, red grapes, asparagus, mushroom, bunch of bananas, orange slice, cauliflower, broccoli, radish, chard, pomegranate, melons, tomato, watermelon, lime, purple pepper, grapefruit slice, pear, cherries, black grapes, apple, lemon wedge, mango, red and yellow corn, carrots, lettuce (between pink grapefruit and garlic), bok choy (between carrots and the bananas), leafy greens, brussel sprout, eggplant, grapes, yellow pepper © Brand X Pictures; Pineapple, box of blueberries, garlic, red cabbage, eggplant © Photodisc; Fruit bowl © Ryan McVay/Photodisc/Getty Images; Kids: Girl with pineapple © Jochen Sand/Digital Vision/age fotostock, inc.; Girl with green shirt © Jimmy Levin; Boy with orange and gray shirt © Jimmy Levin; Girl with grapes © Image Source/Veer; Girl with oranges © Alloy Photography/Veer; Boy with broccoli © image100/Corbis; Boy with bananas © SassyStock/Fotosearch; Girl in red shirt © Jimmy Levin.

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