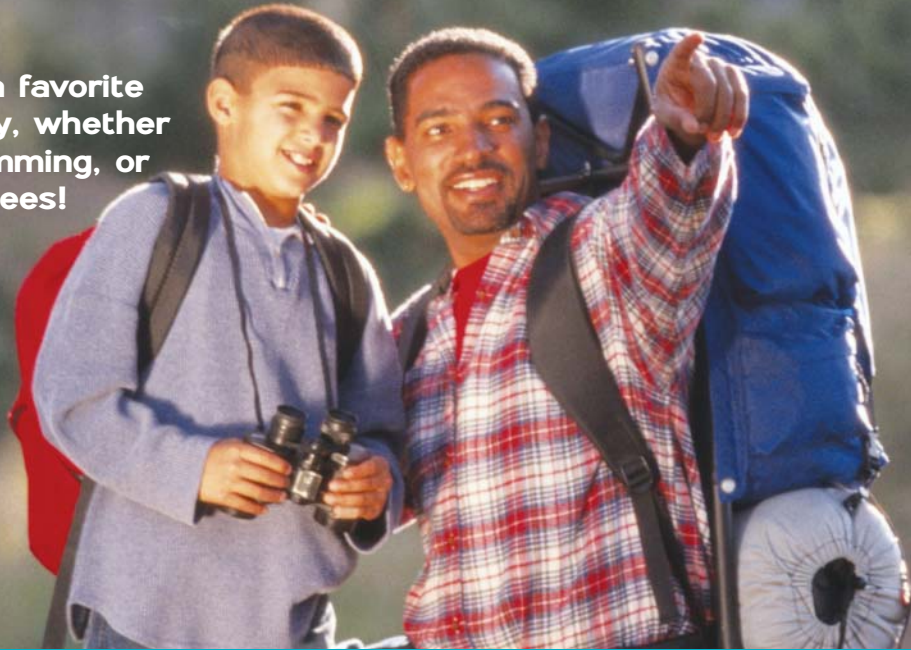


Share Your Adventure!

Everyone has a favorite outdoor activity, whether it's biking, swimming, or just climbing trees! What's yours? Think about how you would describe this activity to a friend.



Read this letter from a girl who just went rafting for the first time. What are some of the sights, sounds, and feelings she describes? Does it sound like fun to you?

Dear Oscar,

This weekend I went rafting with my family. We rode in a big rubber raft filled with air. A river guide came with us in our raft. We all wore life jackets in case we fell in.

At first, the water was calm. It was easy to paddle down the river. Fish swam under the water. Birds sang in the trees above us. I even saw deer eating grass by the river. Then the river started to go down a steep hill. There were lots of big rocks. The waves bubbled and roared all around us. We had to paddle around the rocks and duck under tree branches.

Then we reached a small waterfall. My heart was beating fast. When the raft splashed through the falls, it felt like my stomach jumped into my throat! We all got soaked, but we were safe.

At last, the river was still again. We had made it all the way down the river. My arms were so tired, but I couldn't wait to do it again!

I hope you can come rafting with us next time. I think you'd love it, too!

Your friend,
Julia

It's Your Turn!

On the back of this page, write a letter to a friend about your favorite outdoor activity. Describe where you go, what you do, and things you see and hear along the way.

What parts of your body do you use? How does it make you feel?

