Reading Activity

Being Prepared

**Parents:** Choose any or all of the following books to read with your child.

*Skippyjon Jones: Lost in Spice* by Judy Schachner

*Tea for Ruby* by Sarah Ferguson, The Duchess of York; illustrated by Robin Preiss Glasser

*Ready for Anything!* by Keiko Kasza

Talk to your child about the importance of being prepared. Many times, things in our everyday lives don’t go as planned, and we have to think quickly and with reasonable judgment to adjust to unpredictable circumstances. Helping your child face their fears and overcome adversity is a lifelong lesson that should be presented at an early age. No child should be afraid of the unknown, and they should be exposed to many different solutions to challenges they may face.

**After reading, have your child answer the following questions.**

1. Have you ever gone on a vacation or trip away from home? Where did you go?

2. What things did you or your parents do to prepare for the trip? List three of them below.

3. Think about getting ready for the first day of school. What things did you do to prepare?

4. Give an example of something that didn’t go as planned or made you feel uncomfortable on a first day of school. What did you do to overcome the challenge?

5. Imagine you are planning on spending the night at your best friend’s house. Make a list of six things you would do to prepare for the evening.

   1. ___________________________________________            4. ___________________________________________

   2. ___________________________________________            5. ___________________________________________

   3. ___________________________________________            6. ___________________________________________