



Protect the Herd

Dear Family,

Emergencies can be scary but being prepared can help keep your family safe. Your child has been learning the importance of being ICE ready, which means being ready In Case of Emergency. These resources, created by Save the Children in partnership with Scholastic, and inspired by the film ***Ice Age: Collision Course***, is meant to spread awareness on planning, prepping, and practicing in case of an emergency as well as providing preparedness materials to help families protect their herd.



Here are some ways your family can be ICE Ready:

- 1 Discuss** the types of emergencies you and your family could face. For example, fires or extreme weather: Hurricanes are prevalent on the East Coast, tornadoes in the Midwest, and flooding across the states. Explain to your children that while these emergencies can be scary, being prepared by planning and practicing in advance can help them stay safe.
- 2 Create** a home emergency plan. Different types of emergencies require different responses. As a family, talk about emergency response actions, including evacuation; sheltering-in-place; drop, cover, and hold on; etc. Evacuate if the danger is inside or coming your way, such as a fire, or shelter-in-place if the danger is outside, such as a winter storm. Visit scholastic.com/ice to download the family emergency plan template. Use the family emergency plan
- template to write out your family's plan. Place it somewhere visible, like by the door or on the fridge!
- 3 Identify** at least two meet-up locations where your family can reunite after an evacuation, one nearby, one farther away. Also identify a safe room in your home—one without windows on the lowest level—where you can shelter-in-place.
- 4 Fill** out your **ICE Cards**. These cards contain important contact information that you'll want to keep handy in case of an emergency, such as work phone numbers as well as an out-of-town emergency contact. This out-of-town contact can become the point person to share messages among displaced family members if local communication is down. Children and parents should carry these cards at all times. Visit scholastic.com/ice to download your child's ICE
- Card and SavetheChildren.org/ice for the parent version of the ICE Card.
- 5 Pack** a go-bag with your child to use in an emergency and remember its location. Fill this bag with items that you and your family will need, such as copies of your ICE Cards; hygienic items, including soap and toothpaste; a whistle and flashlight; a notebook; packaged snacks; and a refillable water bottle. Have your children pack some comfort items—choose some toys, books, and favorite snacks to add to the bag.
- 6 Practice** your evacuation or shelter-in-place plans. Once a month run a drill and see how quickly your family can evacuate or find their safe room. Time yourselves and make it a game. If you are able to evacuate or shelter-in-place in less than two minutes, the entire family gets a treat!

For additional information and resources, visit SavetheChildren.org/Getready.

